



Physical Education Courses

Please note the changes in the SoloQuest PE courses effective immediately for all **newly** * enrolled students, and in the summer of 2009 for all of our current students:

1. PE courses are now designated PE 9A, 9B, 10A, 10B or elective PE. Students will be enrolled in the course they need for their school's graduation requirements. **
2. Students need to complete 60 hours of activity, as specified on the course of study, and 15 hours of assigned written work.
3. Students will be under the supervision of an approved SoloQuest PE teacher and will meet three times during a 15 week semester, as well as having phone and e-mail contact.
4. Student PE activity hours need to be supervised and verified by an approved coach or trainer, who will sign logs weekly.
5. The SoloQuest PE teacher will ensure that all paper work is complete, approve the coach or trainer and activities that the student proposes to use, and evaluate written work assigned.
6. Students will receive a grade of Pass or Fail given by the SoloQuest PE teacher.
7. Due to the increase amount of teacher time with a SoloQuest teacher, the cost is increasing from \$100-\$250 for each 5 credit 15 week semester.

It is the intent of our PE courses of study to meet the recommendations of the California State Physical Education Framework, and align with the national standards of NASPE (physical education, NDA (dance) and AAHE (health).

***newly enrolled students are students who are not currently enrolled at SoloQuest**

****courses of study are available on our website at www.soloquest.com**